

PLC SENIOR SCHOOL
CO-CURRICULAR TERM 1 2019

DAY	YEAR LEVEL	ACTIVITY	VENUE	TIME	CO-ORDINATOR	START	FINISH	ENROLMENT	
Monday	Years 11 – 12	Rowing IGSSA	PLC Rowing Shed	5.30 am – 7.30 am	Annette Pearce	WK 1	WK 11	open	\$575
	Year 9	Rowing IGSSA	PLC Rowing Shed	5.45 am – 7.30 am	Annette Pearce	WK 1	WK 11	open	\$575
	Years 7-12	Swimming IGSSA	TBC	6.15 am – 8.00 am	Annette Pearce	WK 1	WK 7	open	no charge
	Years 11 – 12	Tennis IGSSA	Mosman Park Tennis Courts	6.15 am – 8.00 am	Annette Pearce	WK 2	WK 10	registrations open	no charge
	Years 7 – 12	Cross Country Training	Hugh Baird Sports Centre	6.45 am – 8.00 am	Annette Pearce	WK 2	WK 10	open	no charge
	Years 7 – 12	Fitness Training	LH Fitness Centre & Circuit Room	7.00 am – 8.00 am	Chantelle James	WK 2	WK 11	registrations open	\$148.50
	Years 7 – 12	Pipe Band 2	Music Department	7.00 am – 8.15 am	Kathleen Plastow	WK 1	WK 11	by invitation	no charge
	Years 10 – 12	Vocal Ensemble	JS Music Room	7.00 am – 8.25 am	Kathleen Plastow	WK 1	WK 11	by Invitation	no charge
	Years 7 – 8	Junior Piano Trio	Music Department	9.40 – 10.20 pm	Kathleen Plastow	WK 1	WK 11	by Invitation	no charge
	Years 7 – 12	Senior Piano Trio	Music Department	12.35 – 1.15 pm	Kathleen Plastow	WK 1	WK 11	by Invitation	no charge
	Years 7 – 12	String Quartet	Tutorial 3	12.35 – 1.15 pm	Kathleen Plastow	WK 1	WK 11	by Invitation	no charge
	Years 7 – 9	Dance Collective	SS Dance Studio HDDC Foyer	3.30 pm – 5.00 pm	Patrice Smith	WK 2	WK 11	by audition	\$150 per semester
	Years 10 – 12	Dance Company	Hazel Day Drama Centre	3.30 pm – 5.30 pm	Patrice Smith	WK 2	WK 11	by audition	\$150 per semester
	Years 7 – 8	Volleyball IGSSA	Hugh Baird Sports Centre refer to schedule for game locations	3.45 pm – 5.00 pm	Annette Pearce	WK 2	WK 10	registrations open	no charge
	Years 11 – 12	Volleyball IGSSA	JS Sport & Recreation Centre	3.45 pm – 5.00 pm	Annette Pearce	WK 2	WK 10	registrations open	no charge
	Years 9 – 10	Aussie Rules Footy Training	PLC Oval	3.45 pm – 5.00 pm	Annette Pearce	WK 7	WK 9	open	no charge
	Years 7 – 12; Open	Body Ride	LH Fitness Centre	5.00 pm – 6.00 pm	Chantelle James	WK 2	WK 8	open	\$115.50
	Years 7 – 12; Open	Boxilates	LH Fitness Centre	6.00 pm – 6.55 pm	Chantelle James	WK 2	WK 8	open	\$115.50
Tuesday	Years 11 – 12	Rowing IGSSA	PLC Rowing Shed	5.30 am – 7.30 am	Annette Pearce	WK 1	WK 11	open	\$575
	Year 10	Rowing IGSSA	PLC Rowing Shed	5.45 am – 7.30 am	Annette Pearce	WK 1	WK 11	open	\$575
	Years 7 – 12	Swimming IGSSA	TBC	6.15 am – 8.00 am	Annette Pearce	WK 2	WK 7	open	no charge
	Years 7 – 12	Team Sport pre-season Fitness	LH Fitness Centre	7.00 am – 7.55 am	Chantelle James	WK 2	WK 11	open	\$165
	Years 7 – 12	Pipe band 2 Bagpipes Training	Music Department	7.00 am – 8.00 am	Kathleen Plastow	WK 1	WK 11	by invitation	no charge
	Years 7 – 12	Wind Ensemble	Music Village	7.15 pm – 8.15 am	Kathleen Plastow	WK 1	WK 11	by audition	no charge
	Years 7 – 12	Mindfulness Meditation	LH Meditation Room	7.30 am – 8.15 am	Chantelle James	WK 2	WK 10	open	\$60
	Years 7 – 12	Percussion Ensemble	Music Department	9.40 am – 10.20 am	Kathleen Plastow	WK 1	WK 11	by audition	no charge
	Years 7 – 12	Cello Ensemble	Music Department	9.40 am – 10.20 am	Kathleen Plastow	WK 1	WK 11	by audition	no charge
	Years 7 – 12	Da Vinci Decathlon/ World Scholars Cup	S2-12	1.00 pm – 1.30 pm	John Mirosevich	WK 4	WK 11	open	no charge
	Years 7 – 10	Art Club	Art Department	3.30 pm – 5.00 pm	Katherine Young	WK 2	WK 11	enrolment open	\$50
	Years 7 – 9	Young Voices	Music Department	3.30 pm – 4.30 pm	Kathleen Plastow	WK 1	WK 11	by audition	no charge
	Years 6 – 11	Cricket IGSSA	PLC Oval refer to schedule for game locations	3.30 pm – 5.00 pm	Annette Pearce	WK 2	WK 10	registration open	no charge
	Years 9 – 10	Volleyball IGSSA	Hugh Baird Sports Centre	3.45 pm – 5.00 pm	Annette Pearce	WK 2	WK 9	registration open	no charge
	Years 9 – 10	Tennis IGSSA	Mosman Park Tennis Courts	3.45 pm – 5.00 pm	Annette Pearce	WK 2	WK 10	registration open	no charge
	Years 7 – 12	Badminton Training	JS Sport & Recreation Centre	3.45 pm – 5.00 pm	Annette Pearce	WK 2	WK 10	open	no charge
	Years 7 – 9	Filmbites – Screen Acting	Hazel Day Drama Centre Foyer	3.45 pm – 6.15 pm	Bauke Snyman	WK 1	WK 10	enrolment open	\$TBA
	Years 7 – 8, 11 – 12	Aussie Rules Footy Training	PLC Oval	3.45 pm – 5.00 pm	Annette Pearce	WK 7	WK 9	open	no charge
	Years 7 – 12; Open	Fitness with Body Ride	LH Fitness Centre	4.15 pm – 5.10 pm	Chantelle James	WK 2	WK 11	open	\$165
	Years 7 – 12	PLC/Scotch Combined Symphony Orchestra	Scotch College	7.00 pm – 9.00 pm	Kathleen Plastow	WK 1	WK 11	by audition	no charge

DAY	YEAR LEVEL	ACTIVITY	VENUE	TIME	CO-ORDINATOR	START	FINISH	ENROLMENT	
Wednesday	Years 11 - 12	Rowing IGSSA	PLC Rowing Shed	5.30 am - 7.30 am	Annette Pearce	WK 1	WK 11	open	\$575
	Year 10	Rowing IGSSA	PLC Rowing Shed	5.45 am - 7.30 am	Annette Pearce	WK 1	WK 11	open	\$575
	Years 7 - 12	Swimming IGSSA	TB	6.15 am - 8.00 am	Annette Pearce	WK 2	WK 7	open	no charge
	Years 7 - 12	Cross Country Training	Hugh Baird Sports Centre	6.45 am - 8.00 am	Annette Pearce	WK 2	WK 10	open	no charge
	Years 7 - 12	Fitness Training	LH Fitness Centre & Circuit Room	7.00 am - 8.00 am	Chantelle James	WK 2	WK 11	open	\$165
	Years 7 - 12	Bartok Orchestra	Music Department	7.15 pm - 8.15 am	Kathleen Plastow	WK 1	WK 9	by invitation	no charge
	Years 7 - 12	Stravinsky Orchestra	JS Music Room	7.20 pm - 8.20 am	Kathleen Plastow	WK 1	WK 9	by invitation	no charge
	Years 7 - 12	Flute Ensemble	Music Department	7.20 pm - 8.20 am	Kathleen Plastow	WK 1	WK 9	by invitation	no charge
	Years 7 - 12	Guitar Ensemble	Music Department	12.35 pm - 1.15 pm	Kathleen Plastow	WK 1	WK 9	by invitation	no charge
	K - Year 12; Open	Gardening@PLC	JS Summer's House	7.30 am - 8.15 am	Rosalea Wallace	Wk 2	Wk 11	open	no charge
	Years 8 - 12	Show Choir	Music Department	3.30 pm - 4.30 pm	Kathleen Plastow	WK 1	WK 9	by invitation	no charge
	Years 7 - 12	Indoor Climbing	Rockface Northbridge	3.30 pm - 6.00 pm	Liam Sullivan	WK 3	WK 10	open	\$175
	Years 7 - 8	Tennis IGSSA	refer to schedule for game locations	3.45 pm - 5.00 pm	Annette Pearce	WK 2	WK 10	registrations open	no charge
	Years 11 - 12	Tennis IGSSA	refer to schedule for game locations	3.45 pm - 5.00 pm	Annette Pearce	WK 2	WK 10	registrations open	no charge
	Years 7 - 8	Volleyball IGSSA	refer to schedule for game locations	3.45 pm - 5.00 pm	Annette Pearce	WK 2	WK 10	registrations open	no charge
	Years 11 - 12	Volleyball IGSSA	refer to schedule for game locations	3.45 pm - 5.00 pm	Annette Pearce	WK 2	WK 10	registrations open	no charge
Years 7 - 12; Open	Boxing & Fitness	LH Movement Room	5.00 pm - 5.55 pm	Chantelle James	Wk 2	WK 11	open	\$165	

Thursday	Years 11 - 12	Rowing IGSSA	PLC Rowing Shed	5.30 am - 7.30 am	Annette Pearce	WK 1	WK 11	open	\$575
	Year 9	Rowing IGSSA	PLC Rowing Shed	5.45 am - 7.30 am	Annette Pearce	WK 1	WK 11	open	\$575
	Years 7 - 12	Swimming IGSSA	TBC	6.30 am - 8.00 am	Annette Pearce	WK 2	WK 7	open	no charge
	Years 7 - 12	Stand Up Paddle Boarding Yoga	Freshwater Bay (Meet at Staff Carpark)	6.45 am - 8.15 am	Liam Sullivan	WK 3	WK 10	open	\$220
	Years 7 - 12	Da Vinci Decathlon/ World Scholars Cup	S2-12	1.00 pm - 1.30 pm	John Mirosevich	WK 4	WK 11	open	no charge
	Years 9 - 12	Chorale	Music Department	3.30 pm - 5.00 pm	Kathleen Plastow	WK 1	WK 11	by audition	no charge
	Years 7 - 12	Creative Writing	M107	3.30 pm - 4.30 pm	Luciana Cavallaro	WK 2	WK 11	open	no charge
	Years 7 - 12	PaperBots	SS Library & Innovation Centre	3.35 pm - 4.35 pm	Angelica Huston	Wk 2	Wk 11	open	\$30
	Years 7 - 9	Tennis IGSSA	refer to schedule for game locations	3.45 pm - 5.30 pm	Annette Pearce	WK 2	WK 10	registrations open	no charge
	Years 10 - 11	Volleyball IGSSA	refer to schedule for game locations	3.45 pm - 5.00 pm	Annette Pearce	WK 2	WK 10	registrations open	no charge
	Years 6 - 11	Cricket IGSSA	PLC Oval	3.45 pm - 5.00 pm	Annette Pearce	WK 2	WK 10	open	no charge
	Years 7 - 12	Colour My World	LH Creative & Expressive Art Room	3.45 pm - 5.45 pm	Chantelle James	WK 3	WK 11	open	\$160
	Years 7 - 12	Mindfulness Meditation	LH Meditation Room	3.45 pm - 4.30 pm	Chantelle James	WK 2	Wk 10	open	\$60
	Years 7 - 12	Swimming IGSSA	TBC	3.45 pm - 5.00 pm	Annette Pearce	WK 2	WK 7	open	no charge
	Years 7 - 12; Open	Yoga	LH Fitness Centre	5.00 pm - 5.55 pm	Chantelle James	WK 2	WK 10	open	\$165
	Years 7 - 12	Stage Band	Music Department	7.15 pm - 8.25 pm	Kathleen Plastow	WK 1	WK 10	by audition	no charge

Friday	Years 11 - 12	Rowing IGSSA	PLC Rowing Shed	5.30 am - 7.30 am	Annette Pearce	WK 1	WK 11	open	\$575
	Years 9 - 10	Rowing IGSSA	PLC Rowing Shed	5.45 am - 7.30 am	Annette Pearce	WK 1	WK 11	open	\$575
	Years 7 - 12	Surfing	Scarborough Beach	6.00 am - 8.00 am	Liam Sullivan	WK 3	WK 10	open	\$280
	Years 7 - 12	Swimming IGSSA	PLC Pool	6.30 am - 8.00 am	Annette Pearce	WK 2	WK 7	open	no charge
	Years 7 - 12	Tennis IGSSA	Mosman Park Tennis Courts	6.45 am - 7.45 am	Annette Pearce	WK 2	WK 10	open	\$132
	Years 7 - 12	Cross Country Training	Hugh Baird Sports Centre	6.45 am - 8.00 am	Annette Pearce	WK 2	WK 10	open	no charge
	Years 8 - 12	Senior Pipe Band	Outdoor Courts & Music Classroom	6.45 am - 8.15 am	Kathleen Plastow	WK 1	WK 11	by Invitation only	no charge
	Years 7 - 12	Team Sport pre-season Fitness	LH Fitness Centre	7.00 am - 7.55 am	Chantelle James	WK 2	WK 11	open	\$165
	Years 7 - 12	Concert Band	Music Department	7.20 am - 8.25 am	Kathleen Plastow	WK 1	WK 10	by Invitation only	no charge
	Years 7 - 12	SNAP Quartet	Music Department	1.15 am - 1.55 pm	Kathleen Plastow	WK 1	WK 10	by Invitation only	no charge

Saturday	Years 10 - 12	Rowing IGSSA	PLC Rowing Shed	5.30 am - 10.30 am	Annette Pearce	WK 1	WK 11	open	\$575
	Year 9	Rowing IGSSA	PLC Rowing Shed	7.00 am - 9.15 am	Annette Pearce	WK 1	WK 11	open	\$575

SPECIAL ACTIVITIES & PRIVATE TUITION

Monday - Thursday	Years 4 +	Speech & Drama LAMDA	LH Studio 1	Available by arrangement 7.30 - 8.15 am Tues - Thurs 3.30 - 4.30 pm Mon - Thurs	Roz Thomson	WK 1	WK 9	enrolment open*	Years 4 - 5 \$160 Year 6 \$180 (1 x 45mins lesson per week)
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PLEASE NOTE

Surfing

Run by Scarborough Beach School. Meet at 10 View Street (car park near Science and Art Building).

Rowing Training

Rowers chosen for the National Squad will be contacted with the training dates and times. Summer training for all Rowers will begin in Term 4.

Music Ensembles

If you are intending to enroll in a music opportunity it is expected you participate for the full year.